

Usermanual

T3.2 Treadmill

**RFE International Ltd**

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Customer Support

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Reebok

Reebok

Welcome from Reebok Fitness

Thank you for choosing Reebok. Before you get started, please read these instructions carefully. If you experience any difficulties, our support team will be happy to help – or check out our website at **reebokfitness.info**

Important note:

Consult your doctor before starting any exercise programme. If you feel any sickness, chest pain, dizziness or breathlessness during your training, stop exercising and consult your doctor immediately.

If you have any further queries please contact our customer support team on the details provided either at the foot of this page or on the back of the manual.



Customer Support
0800 440 2459
techsupport@rfeinternational.com



Contents

T3.2 Treadmill

Parts	02
Assembly.....	04
Precautions.....	08
Functions	10
Correct Use	11
Warm Up	12
Computer	13
Maintenance	24
Troubleshooting	26
Parts ID.....	28
Limited Warranty	36

Model name: Reebok T3.2 Treadmill

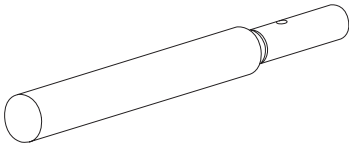
Serial number:

 These details can be found on the underside of your product.

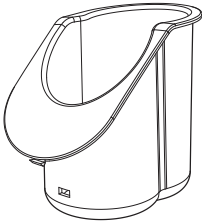
Checking The Parts

Before you begin, please check all parts are present and undamaged. If you are missing any parts, please call our Technical Support team on the number at the top of this page.

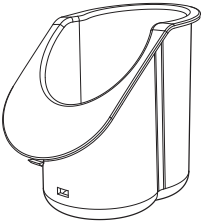
208 x 2



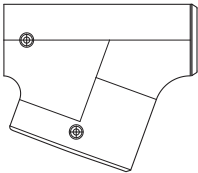
137 x 1



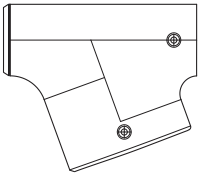
104 x 1



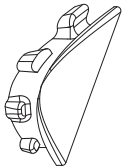
275 x 2



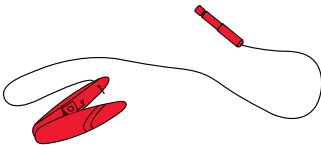
276 x 2



246 x 2



130 x 1



Blister Pack

809 x 2
M8x30



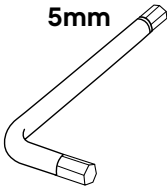
810 x 2
M8x18



806 x 4
M8x45



A x 1
5mm



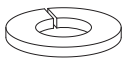
B x 1



802 x 8
M4x15mm



807 x 4
8mm



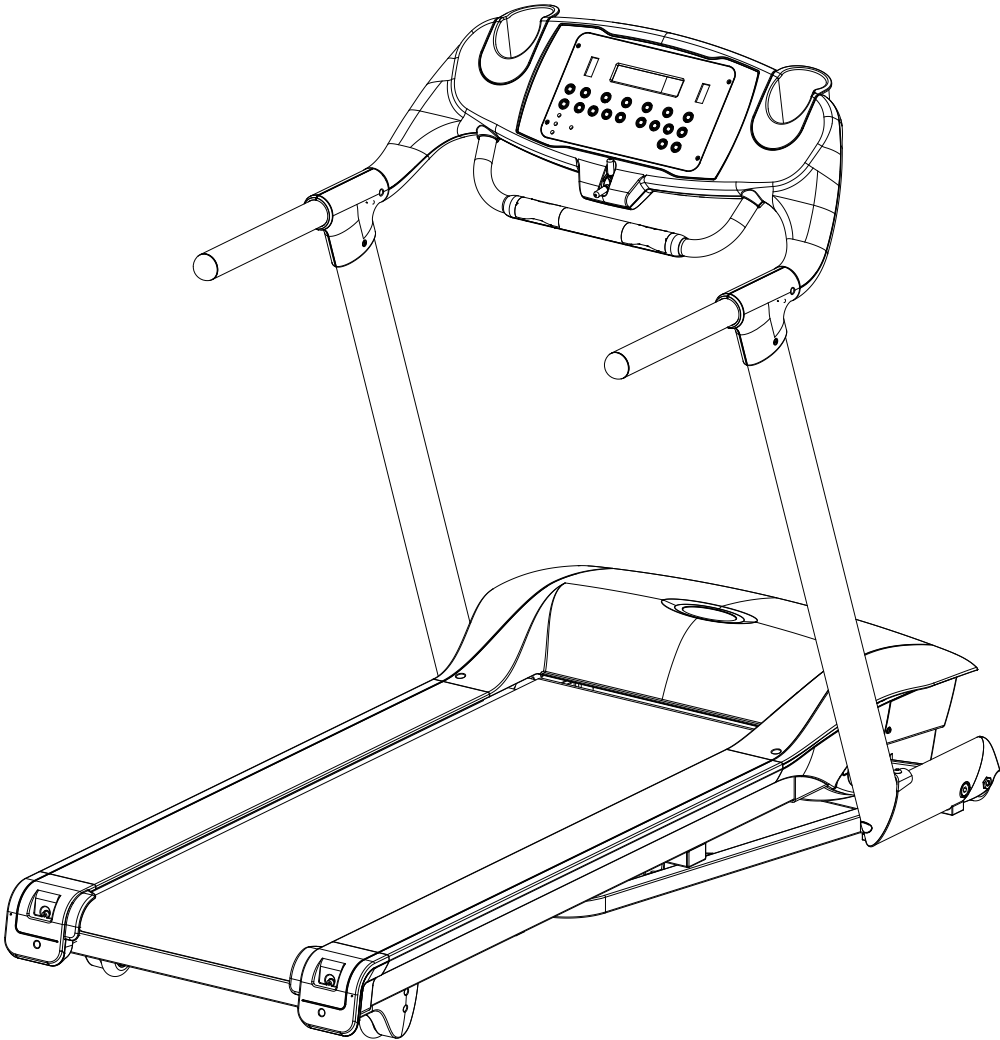
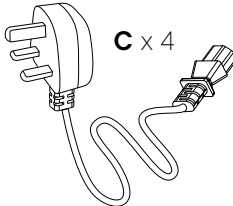
808 x 4
8mm



Silicone Oil x 1



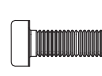
C x 4



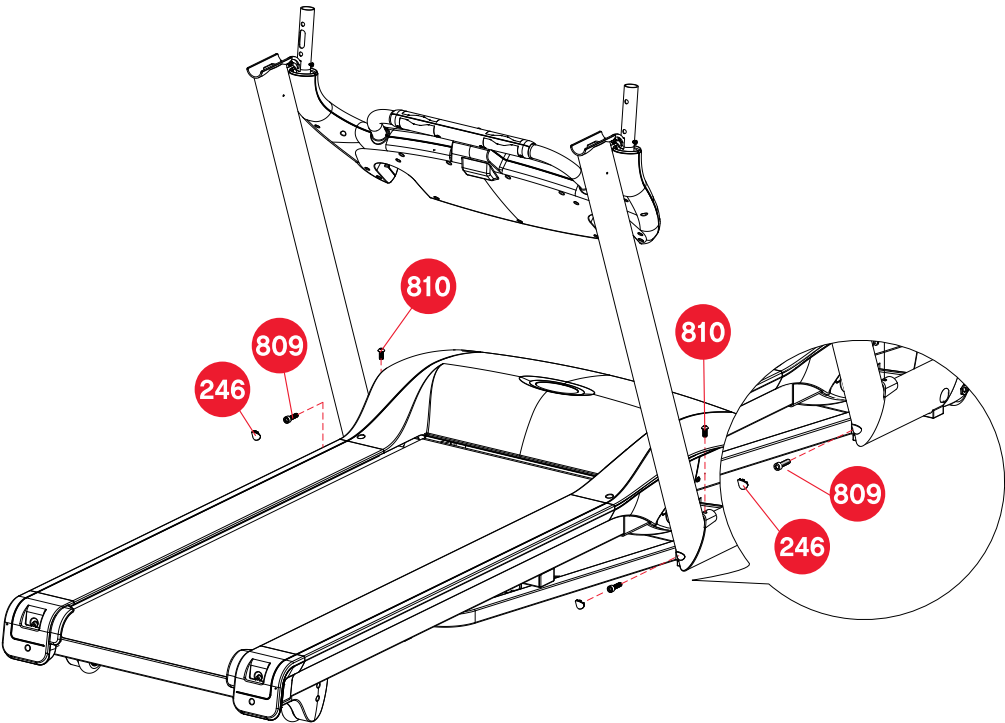
Uprights

- 1. Remove the treadmill from the box.
- 2. Lift the uprights to the unfolded position and secure using 2 x 810 bolts.
- 3. Insert 2 x 809 bolts into the base of the uprights and cover with 2 x 246 caps.

You will require:



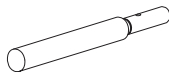
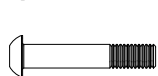
246 x 2 **810 x 2** **809 x 2**



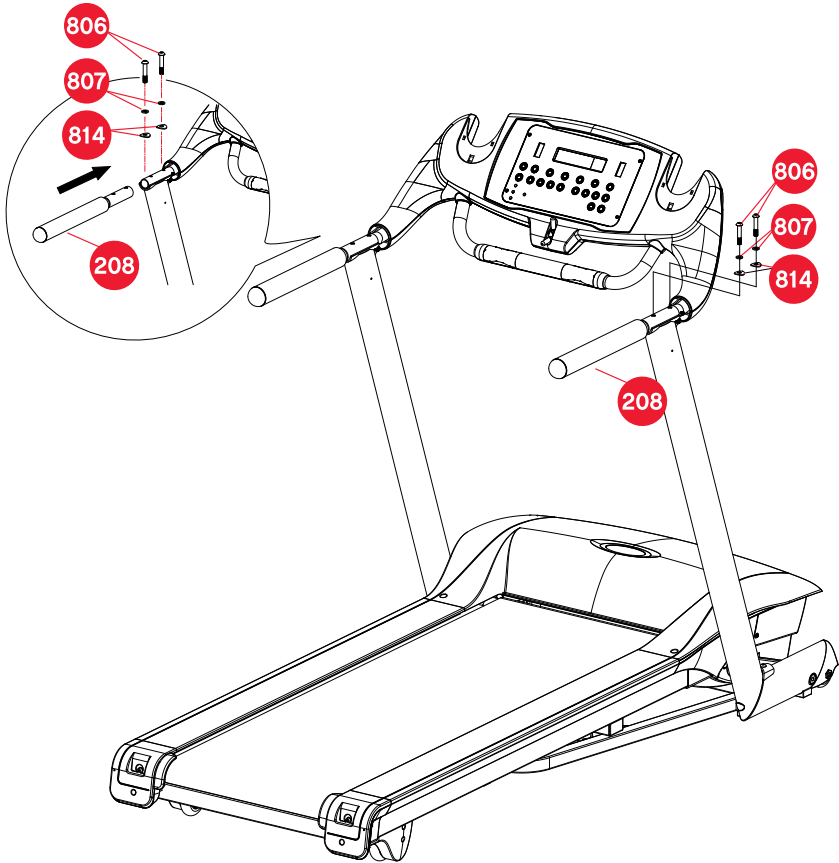
Handlebars

- 4. Rotate console until it is in an appropriate position for use.
- 5. Push one handlebar (208) into the left hand side of the console support frame.
- 6. Secure the handlebar using 2 x 806 bolts, 2 x 807 spring washers and 2 x 814 washers.
- 7. Repeat for the right hand handlebar.

You will require:

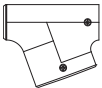
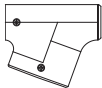
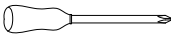


806 x 4 **208 x 2** **807 x 4** **814 x 4**



- 8. Clip the handlebar covers over the handlebars and secure using 4 x 802 screws.
- 9. Repeat for the other handlebar.

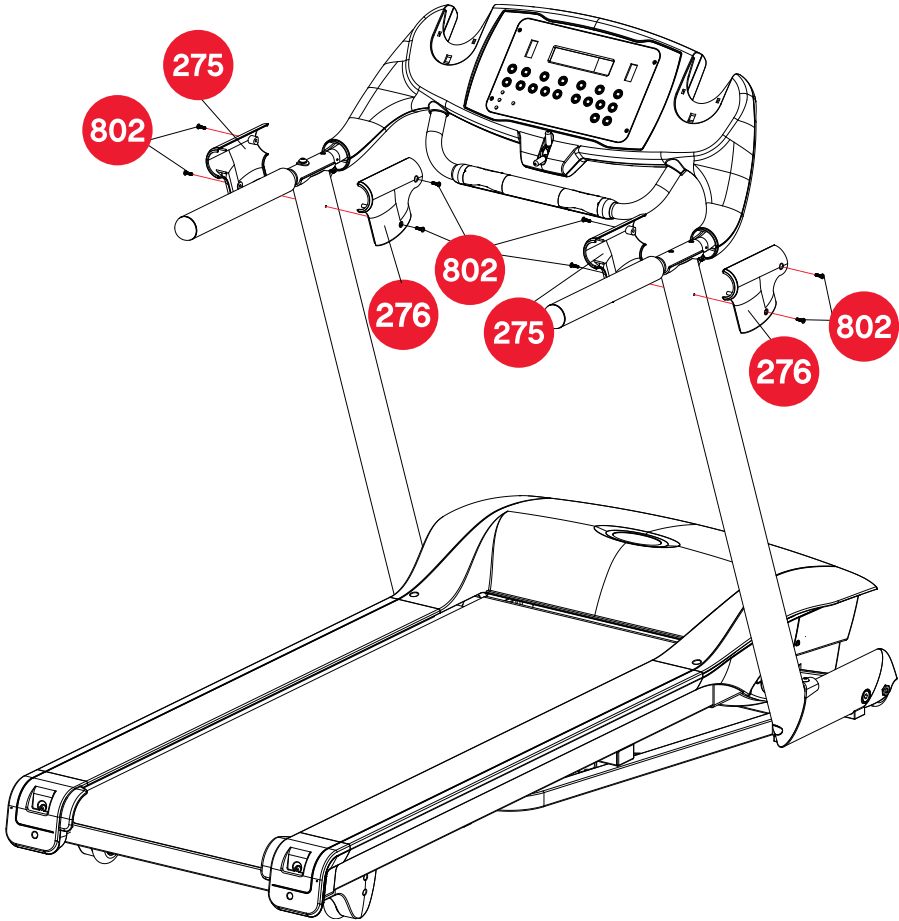
You will require:



802 x 8

275 x 2

276 x 2



Inserting The Cup Holders

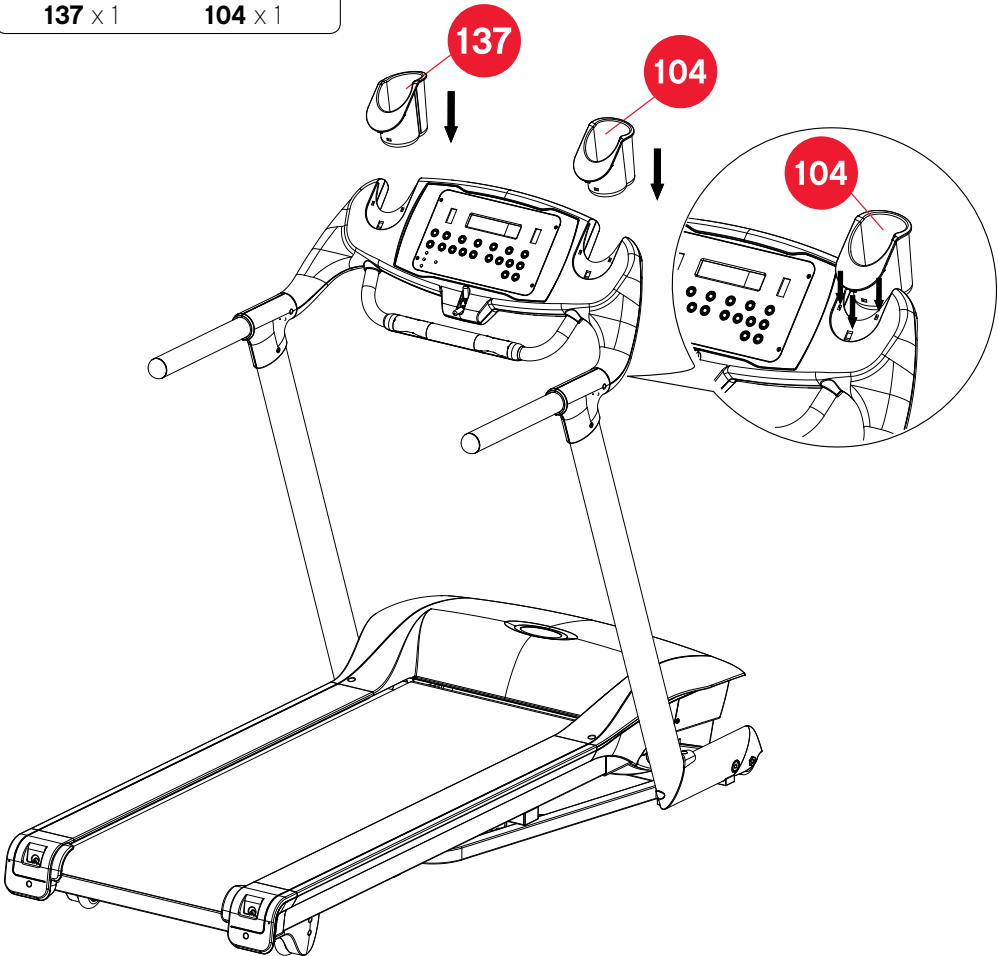
- 10. Insert the left hand cup holder (137) into the left hand side of the console housing.
- 11. Insert the right hand cup holder (104) into the right hand side of the console housing.

You will require:



137 x 1

104 x 1



These instructions are intended to provide important information for use and maintenance of the equipment as well as for your personal safety. Keep this user manual in a safe place for future reference.

WARNING!

This product is made for home use only and tested up to a maximum body weight of 130 kilograms.

RFE International Ltd. assumes no responsibility for personal injury or property damage sustained by or through the use of this equipment. It is the responsibility of the owner to ensure that all users of this equipment are adequately informed of all warnings and precautions.

SCOPE

- Maximum user weight of 130kg.
- This product is designed for physical exercise by adults. This product is not suitable for use by persons under 14 years of age.
- Never allow more than one person on the equipment at a time.

ENVIRONMENT

- Ensure that those present are aware of possible hazards e.g. moveable parts during training.
- Ensure that sufficient space is available to use the product.
- Please ensure that liquids or perspiration are wiped off the product.
- This product is designed to be used and stored indoors. Do not store the product outside, or in damp/ dusty environments.
- The product is made for home use only. Warranty and manufacturer's liability do not extend to any product or damage to the product caused by commercial use.

USER HEALTH

- Consult your doctor before starting any exercise programmes to receive advice on the optimal training.
- Ensure the product is on a flat, level surface with at least 0.5m of clear area surrounding the product.
- incorrect/excessive training can cause health injuries.
- If you feel sickness, chest pain, fits of dizziness or breathlessness during your training, immediately stop the training and consult your doctor.

PRODUCT PREPARATION

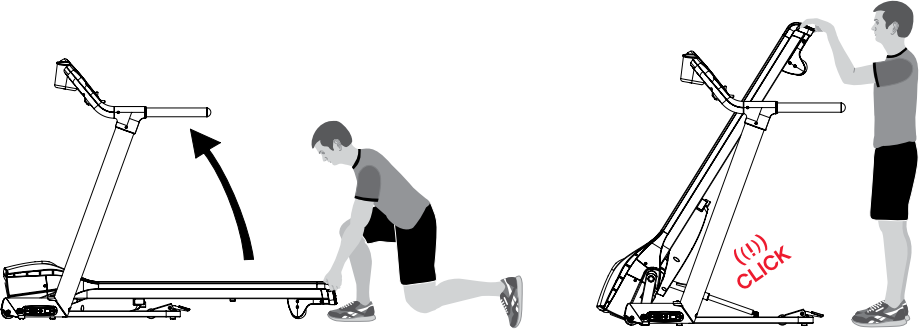
- Ensure that training only starts after correct assembly, adjustment and inspection of the product.
- Follow the steps of the assembly instructions carefully.
- Only use suitable tools for assembly and ask for assistance if necessary.
- Only use original Reebok parts as delivered (see checklist).

SAFETY CHECKS (Before Every Use)

- Tighten all adjustable parts to prevent sudden movement while training.
- Tighten all nuts and bolts.
- Check that the tension knob is secure.
- Ensure the product is on a flat, level surface.
- Do not use the product without shoes or with loose shoes.
- Be aware of non-fixed or moving parts whilst mounting or dismounting the product.
- Do not wear loose or poorly fitting clothing that may become trapped in the product.

Fold

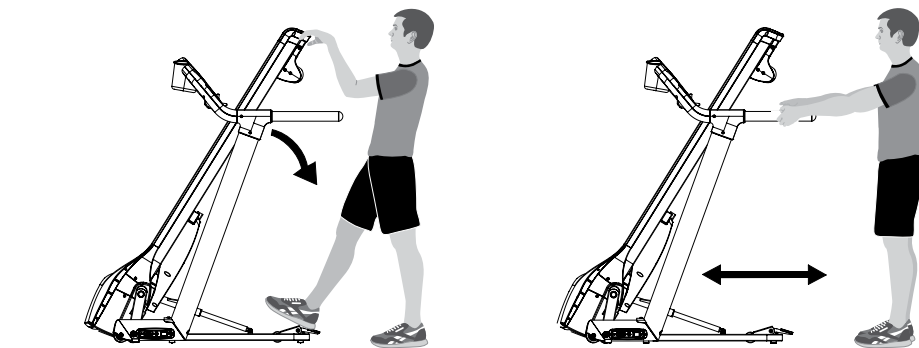
- 1. Lift the treadmill deck until you hear a click.
-  The click will confirm the treadmill deck is locked into its folded position.
- 2. Engage the castor wheel if required.



Unfold

- 1. Press the lever on the top of the castor wheel to release it.
- 2. Unfold the treadmill deck by pressing the lever on the damper, and allow it to fall to the ground.
-  The soft drop mechanism will assist you with lowering the deck.

- WARNING!**  Stand to one side whilst the treadmill is lowered.
- 3. Once the deck is flat on the floor, stand on the running deck and wobble the side handlebar to ensure the upright tubes have locked into place correctly.

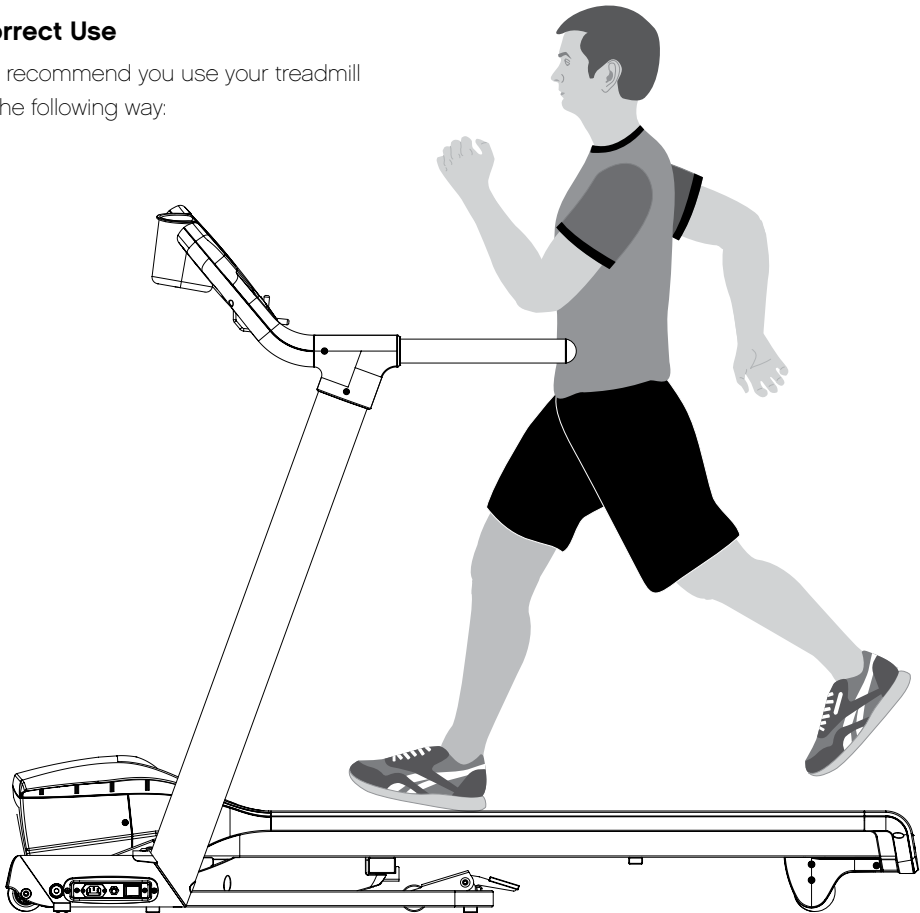


Transport

- 1. Fold up the treadmill as per the above instructions.
- 2. Tilt treadmill forwards until transport wheel engages.
- 3. Manoeuvre the treadmill to desired location.
- 4. Depress foot lever to disengage transport lever.
- 5. Ensure treadmill is level.
- 6. Unfold as per the above instructions.

Correct Use

We recommend you use your treadmill in the following way:



Warm Up

T3.2 Treadmill

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12

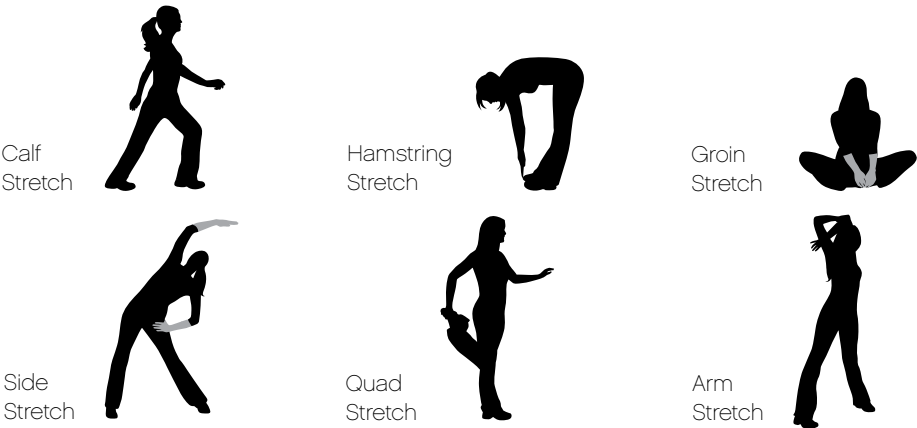
Warming Up

It is important to warm up before exercising to prepare your body for the workout it is about to do. The first phase of a warm up is to increase your heart rate and get blood pumping around your body faster. Choose an activity which will warm up the same muscles you are going to use during your workout.

- 1. 5-10 minutes heart rate raising activity
- 2. Static stretching
- 3. Workout

Stretches

Hold each stretch for about 30 seconds. Stretching should not hurt; only stretch your muscles to as far as is comfortable. If you have a tight or previously injured muscle stretch the affected muscle group within the warm up. Do not perform any sudden movements while warming up.



Cool Down

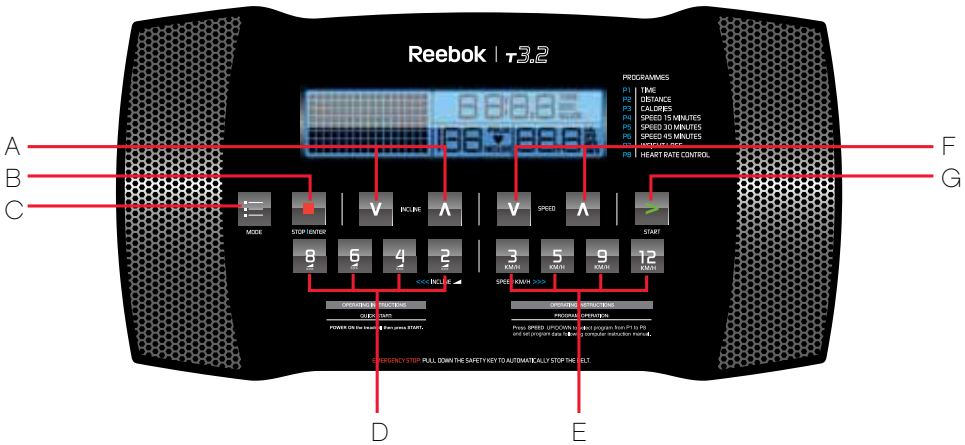
Following your workout you should carry out a cool down. This should gradually bring your heart rate back to a resting level. To do a cool down perform an activity of your choice at a low intensity e.g. a steady 5 minute jog. This should be followed by static stretches, similar to those in the warm up. Again, hold each stretch for 30 seconds.

Computer

T3.2 Treadmill

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13



Computer Functions:

A – Incline Up/Down Button



B – Stop/Enter Button



C – Mode Button



D – Express Incline Buttons



E – Express Speed Buttons



F – Speed Up/Down Buttons



G – Start Button



Preset Programmes

Your T3.2 treadmill has 8 preset programs:

Time (P1)

A programme where you can workout for a set amount of time.

Distance (P2)

A programme where you can workout for a set distance.

Calories (P3)

A programme where you can workout until you have burnt a set number of calories.

15 Minute Preset Speed (P4)

A programme with 7 level options giving you a 15 minute workout at varied inclines and speeds.

30 Minute Preset Speed (P5)

A programme with 7 level options giving you a 30 minute workout at varied inclines and speeds.

45 Minute Preset Speed (P6)

A programme with 7 level options giving you a 45 minute workout at varied inclines and speeds.

Weight Loss (P7)

A programme with 7 level options, intended for a medium intensity workout over varied inclines and speeds.

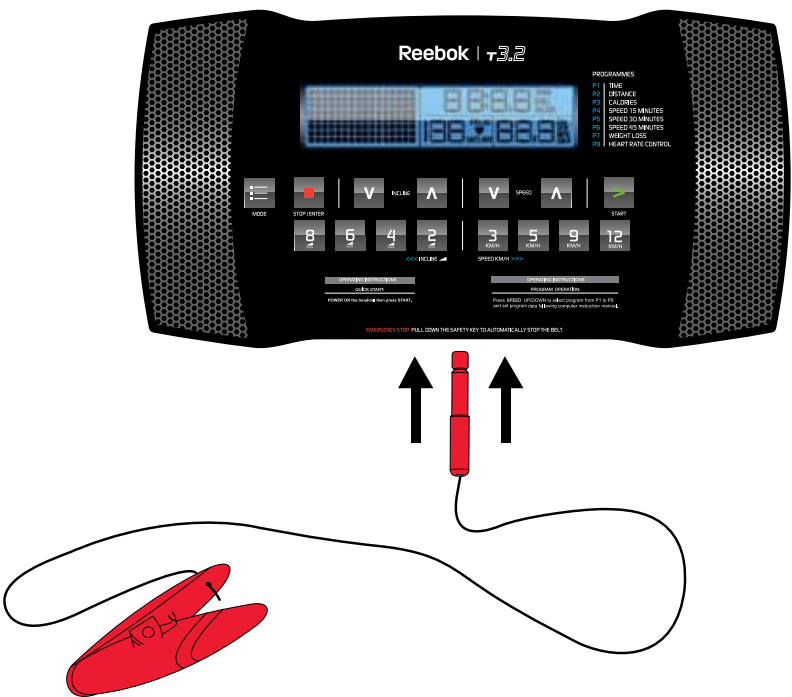
Heart Rate Control (P8)

A programme where the treadmill automatically adjusts the incline and speed of your workout according to your heart rate.

Quick Start

To exercise without any preset programme:

- Insert the safety key into the front of the console, and attach to the users waistband.
- Turn the power on. Press ➤ button and the treadmill belt will begin to move.



Safety Key

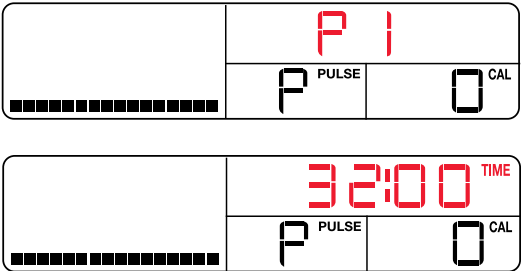
The safety key must be inserted into the front of the console in order to operate the treadmill. **Always insert the safety key and attach the clip to your clothing waistband before beginning your workout.** If you should encounter problems and need to stop the treadmill quickly, simply pull on the cord (removing the safety key from the console). To continue your workout turn the power switch to off, set the speed to stop and then reinsert the safety key into the console.

WARNING! ⚠

During any programme, you can override the speed by pressing SPEED **V** and **A** buttons. You can also override the incline using the INCLINE **V** and **A** buttons. Alternatively, press **■** or pull out the safety key.

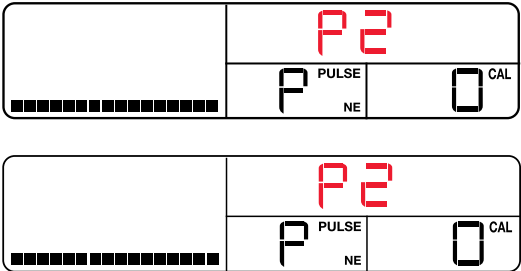
Time Programme (P1)

- 1. With **P1** flashing on the right hand side of the screen, Press **■** to select.
- 2. Set your target time using SPEED **V** and **Λ** buttons. Press **■** to select.
- 3. Press **>** to begin your workout.



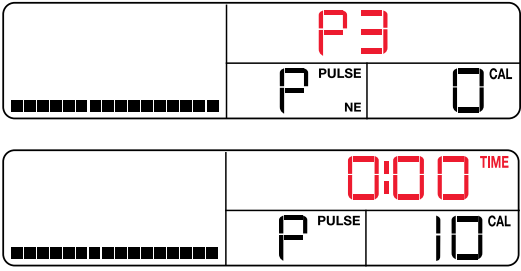
Distance Programme (P2)

- 1. With **P2** flashing on the right hand side of the screen, Press **■** to select.
- 2. Set your target distance using SPEED **V** and **Λ** buttons. Press **■** to select.
- 3. Press **>** to begin your workout.



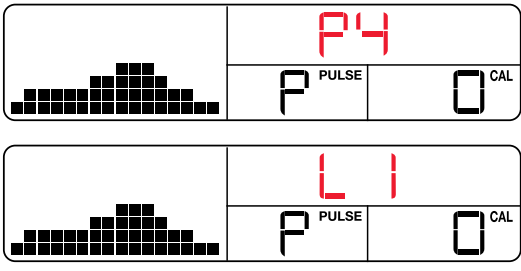
Calories Programme (P3)

- 1. With **P3** flashing on the right hand side of the screen, Press **■** to select.
- 2. Set your target calories to burn using SPEED **V** and **Λ** buttons. Press **■** to select.
- 3. Press **>** to begin your workout.

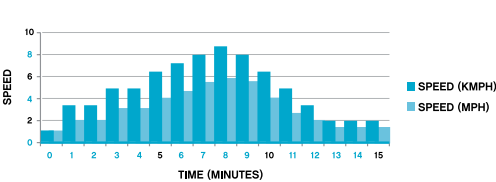


15 Minutes Preset Speed (P4)

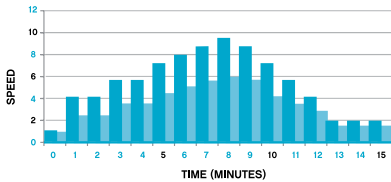
- 1. With **P4** flashing on the right hand side of the screen, Press **■** to select.
- 2. Set your target time using SPEED **V** and **Λ** buttons. Press **■** to select.
- 3. Now select your level.
(See right for the 7 different levels using SPEED **V** and **Λ** buttons).



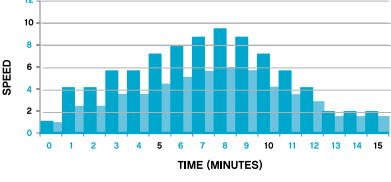
Level 1



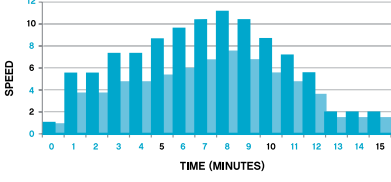
Level 2



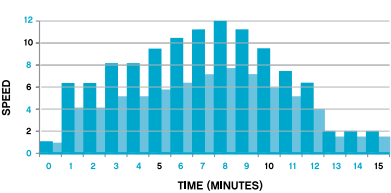
Level 3



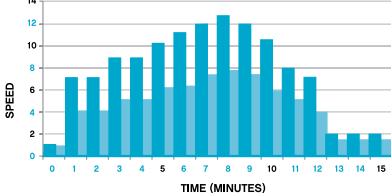
Level 4



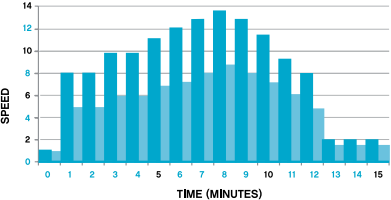
Level 5



Level 6



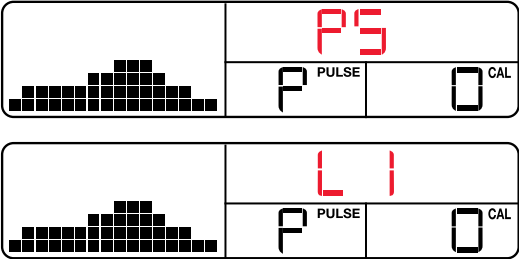
Level 7



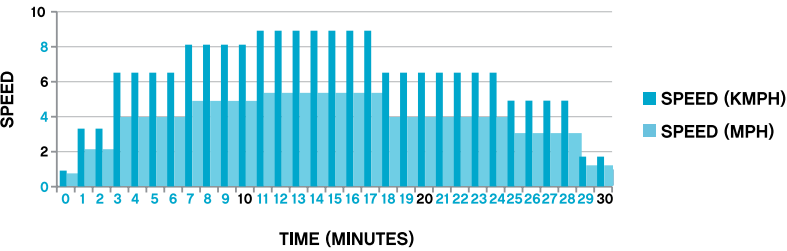
- 4. Confirm your level selection by pressing **■** to select.
- 5. Press **>** to begin your workout.

30 minute Program (P5)

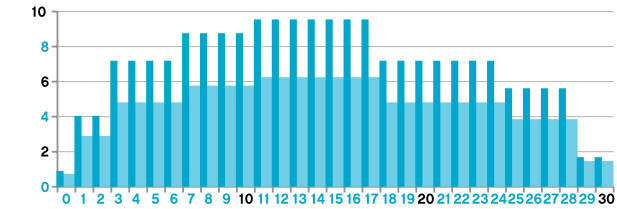
- 1. With **P5** flashing on the right hand side of the screen, press **■** to select.
- 2. Set your level using **SPEED V** and **Λ** buttons.
- 3. Press **➤** to begin your workout.



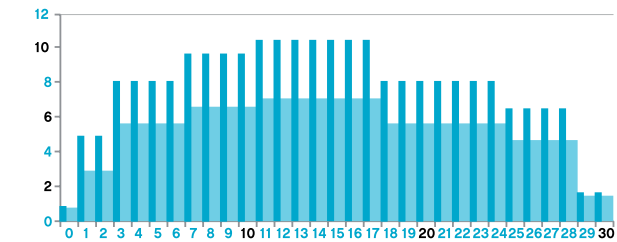
Level 1



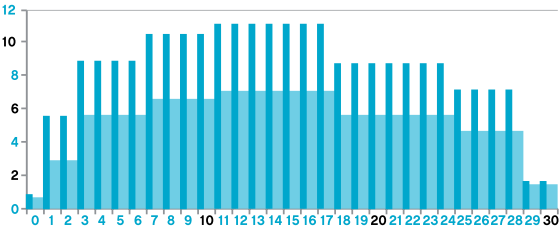
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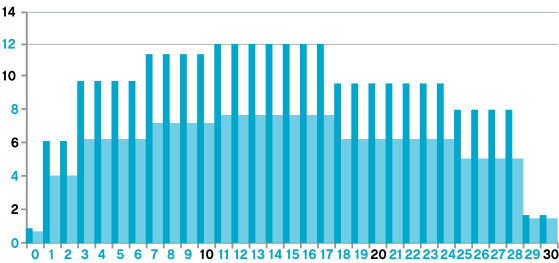
Level 3



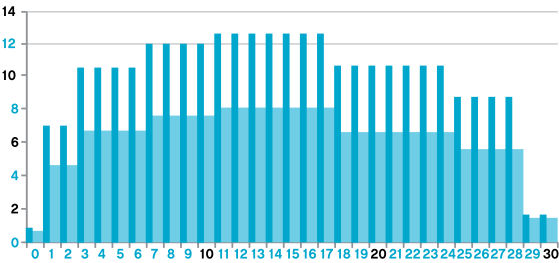
Level 4



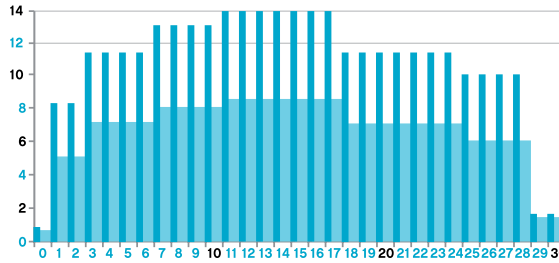
Level 5



Level 6

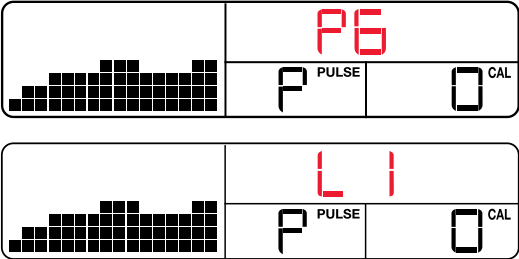


Level 7

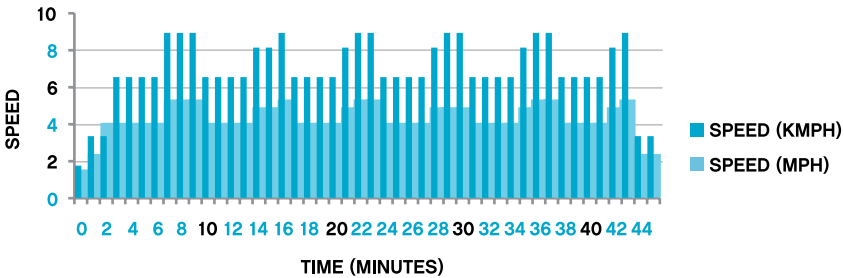


45 Minute Programme (P6)

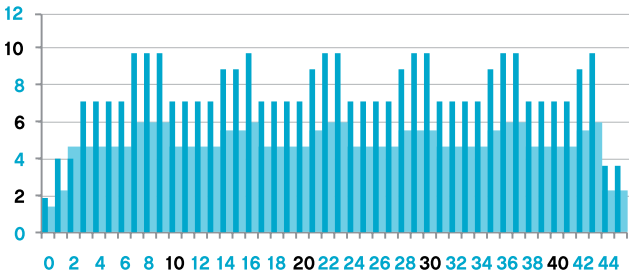
- 1. With **P6** flashing on the right hand side of the screen, press **■** to select.
- 2. Set your level using SPEED **V** and **Λ** buttons.
- 3. Press **>** to begin your workout.



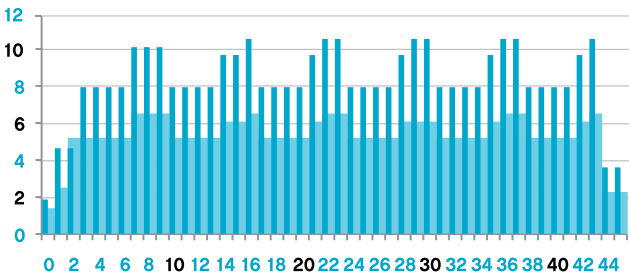
Level 1



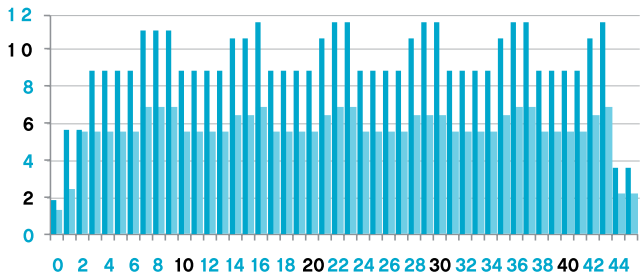
Level 2



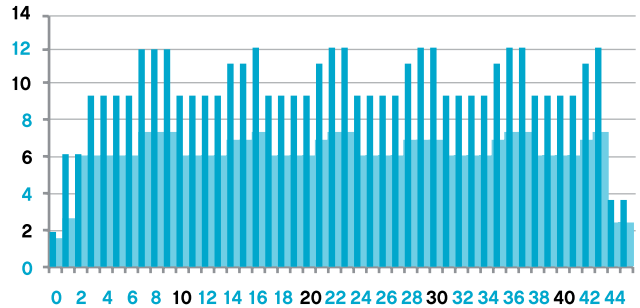
Level 3



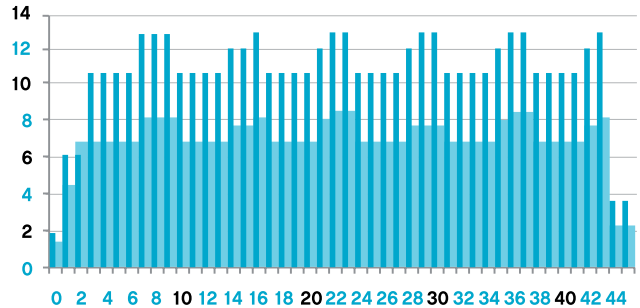
Level 4



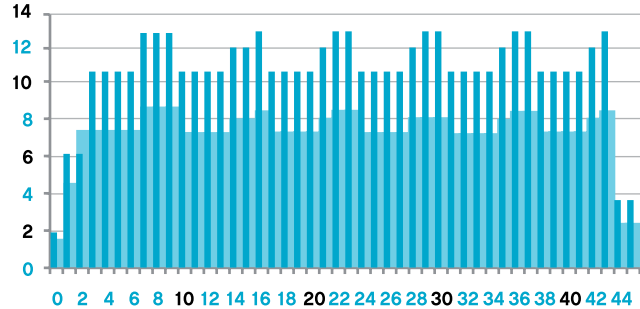
Level 5



Level 6

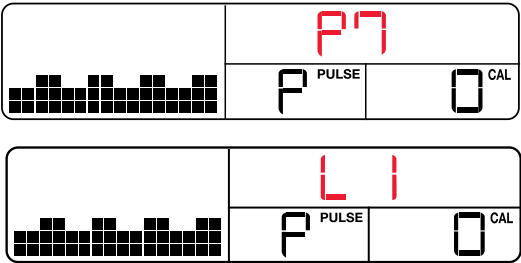


Level 7



Weight Loss Programme (P7)

- 1. With **P7** flashing on the right hand side of the screen, press **■** to select.
- 2. Set your level using SPEED **V** and **Λ** buttons.



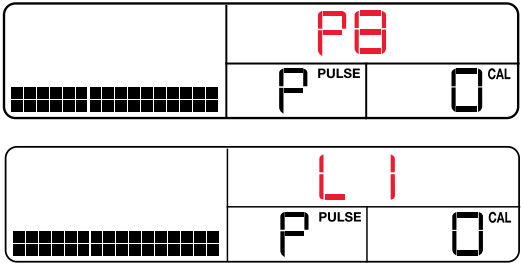
Level	Min.Speed	Max. Speed	Min. Incline	Max. Incline
L1	3.2/2.0	5.6/3.5	0	4
L2	4.0/2.5	6.4/4.0	1	5
L3	4.8/3.0	7.2/4.5	2	6
L4	5.6/3.5	8.0/5.0	3	7
L5	6.4/4.0	8.8/5.5	4	8
L6	7.2/4.5	9.6/6.0	5	9
L7	8.0/5.0	10.4/6.5	6	10

- 3. Press **>** to begin your workout.

If you want to change the level during program P5, P6 or P7 press **■** button. The level will flash on the screen. Use the SPEED **V** and **Λ** buttons to adjust the level and select the option you want using the **■** button. Press **>** to continue working out.

Heart Rate Control (P8)

- 1. With **P8** flashing on the right hand side of the screen, press **■** to select.
- 2. Set your target time using SPEED **V** and **Λ** buttons (the default is **60.00** minutes). Press **■** to confirm your choice.



- 3. Now, the target heart rate will be flashing in the pulse window. Adjust this value using the SPEED **V** and **Λ** buttons, and select the value using **■** button.

To calculate your target heart rate use the following rule:

- Deduct your age from 220 e.g. for a 35 year old person, their maximum heart rate (MHR) is 220 – 35 = 185 beats per minute
- Decide the percentage of your MHR you want to work at e.g. 85%

As a guide:

- 50-70% MHR = Health/Fat Burning
- 70 – 80% MHR = Fitness/Bodyshaping
- 80 – 90% MHR = High intensity performance

- Multiply your maximum heart rate by the percentage value e.g. 185 x 0.85 = 157bpm

- 4. Press **>** to begin your 3 minute warm up. Keep your hands on the pulse sensors at all times during this workout to monitor your pulse correctly.

During the warm up the only buttons that will function are the **■** button to pause the workout or **>** to restart. The warm up will continue until your heart rate reaches your target heart rate zone, up to a maximum of 9 minutes. During this time the incline and speed will be adjusted at 30 second intervals to try and get you warmed up to your target heart rate. If, after 9 minutes you have not reached your target heart rate “**FAIL**” will show on the screen, and you should review the level setting you selected.

If you see a “**P**” flashing in the pulse window, the treadmill is unable to detect your pulse. The computer checks your pulse every 30 seconds and without a reading is unable to alter the speed to ensure you continue working within your target heart rate zone.

Once the warm up is completed, and your heart rate is at your target level, you will begin the Heart Rate Control Programme. The treadmill will continue to monitor your pulse every 30 seconds. The treadmill will adjust the incline level of your workout to try and keep you working at your target heart rate (between 0 and 15%). If you are running at 15% incline on a given speed, and still not working at your desired heart rate then the speed will increase by 0.5mph or 0.8 km/h at 30 second intervals until you reach your target zone.

Proper maintenance is very important to ensure your equipment is always in top working condition. Improper maintenance could cause damage or shorten the life of your equipment as well as exceeding the warranty coverage.

1. Ensure the running belt lubrication is checked and carried out (when required). This is likely to be every 4 weeks of use, or 20 hours.
2. Check periodically (4 weeks) that the running belt is centered and has not moved to one side. In this instance stop the machine and carry out the belt adjustment (directions in the troubleshooting section).
3. To ensure all components of the machine (including the frame) are in a good condition please ensure any perspiration or dust is wiped clean on a regular basis. This can be done by using a soft, damp cloth. Please don't use detergents as this may affect the colouring or operation of the components.
4. To ensure correct operation the machine must be stored in a dry, indoor environment at all times.
5. Inspect and tighten all parts of the machine regularly. Any worn parts must be replaced immediately. Pay particular attention to nuts, bolts, screws and washers.



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The new Reebok Performance Series combines innovative design and ultimate functionality in a unique line of products.
Product shown: T78 LE Treadmill.

Reebok

Q How do I lubricate my treadmill deck?

- A** At the back of the running deck / machine (opposite end to the computer) on each side there are two Allen head bolts. Turn these bolts anticlockwise five full turns to release the belt tension. Lift the edge of the treadmill running belt approximately 30 to 40cm from the front roller. Apply 10ml of silicone oil under the running belt, from front to back and across the width of the running deck. Tighten the bolts five turns, clockwise, to add tension to the belt.

WARNING!

Do not over lubricate the running belt, as this will cause the running belt to slip. After application power your treadmill up to 6mph or 10 Km/h for 5 to 10 minutes. Wipe any excess oil away. If necessary, repeat for a further 10 minutes.

Q How often should I lubricate my treadmill deck?

- A** The running belt has been adjusted properly by the factory. However transportation, uneven flooring or other unpredicted reasons could cause the belt to shift off centre resulting in the belt rubbing with the plastic side rail or end caps and possibly causing damage. To adjust the belt back to its correct position, use the tension bolts at the back of the deck in the following way:
1. If your belt tends to move to the right, rotate the right tension bolt clockwise. We recommend adjustments of 1 circle at a time, and follow with a test. If your belt continues to move to the right, simply adjust the left belt tension bolt by turning it 1 circle counter-clockwise, follow with a test.
 2. If your belt tends to move to the left, rotate the left tension bolt clockwise 1 circle at a time, and follow with a test. If the belt continues to move to the left, simply adjust the right tension bolt counterclockwise.
 3. If your belt appears to be loose, simply tighten both bolts evenly 1 circle.
 4. If it appears tight, simply loosen both bolts evenly 1 circle.

WARNING!

Run your Treadmill for 5 – 10 minutes after adjusting the belt

Q What is the safety key for and where does it go?

- A** The safety key is a red plastic key that should be inserted into the front of the computer when using the treadmill, this is an automatic cut off so if you have any problems or get into any difficulties you can pull the key out to stop the machine. The treadmill will not work without this key being inserted.

Q I have just ordered my treadmill and there are some parts missing can you help?

- A** Yes, if you are missing parts from your new machine these can be ordered on our helpline 0800 440 2459. When you call we will require your full address, the part numbers (you require) from the user manual that and your machine serial number.

Q How long is my warranty on my treadmill?

- A** All Reebok treadmills come with a manufacturers warranty this varies on each machine, this should be printed in your manual, if you have any questions regarding your warranty please don't hesitate to contact our helpline 0800 440 2459.

Q My treadmill is out of the warranty can you still help me?

- A** Yes we can still help, we have a large network of engineers that cover 98% of the British Isles and can provide replacement parts. For a quote on parts or engineer call out please contact our helpline on 0800 440 2459.

Q Can I keep my equipment in my garage?

- A** We advise to keep the equipment indoors, away from moisture and dust. Do not store the product outside, or in damp or dusty environments.

Q Is there a maximum user weight for my treadmill?

- A** There is a maximum user weight with all our treadmills this varies on each machine, this should be printed in your manual, if you have any questions regarding the user weight, please don't hesitate to contact our helpline 0800 440 2459.

Q Why is there a black dust starting to appear under my treadmill?

- A** Occasionally a black dust can start to appear under your treadmill this is due to normal wear and tear. You can remove the dust easily with a vacuum cleaner. If you want to keep the dust away from the floor we would recommend for you to place your treadmill on a protective mat.

Diagram 1

- | | | | |
|---------|---------------------------------------|---------|---------------------------------------|
| T32-401 | Motor Hood x 1 | T32-466 | 25.6x25x41.6xR17 Cover - Lower x 1 |
| T32-402 | Motor Hood Decorate Cover - Left x 1 | T32-467 | Elevation Support Tube Fix Holder x 1 |
| T32-449 | Motor Hood Decorate Cover - Right x 1 | T32-468 | 54x24x10 Power Cable Cover x 1 |
| T32-461 | Elevation Support Tube x 1 | T32-428 | Elevation Motor Cover - Left x 1 |
| T32-462 | Ø22 Round End Cap x 2 | T32-429 | Elevation Motor Cover - Right x 1 |
| T32-463 | 20x26x46 End Cap x 2 | T32-802 | M4x15 Screw x 6 |
| T32-369 | Incline Motor x 1 | T32-807 | 8x14x2 Spring Washer x 6 |
| T32-444 | Incline Motor Sleeve x 1 | T32-811 | M10x40 Allen Bolt x 3 |
| T32-337 | Transformer x 1 | T32-812 | M10 Nylon Nut x 7 |
| T32-336 | Relay Board x 1 | T32-821 | M10x67 Allen Bolt x 1 |
| T32-411 | Control Board x 1 | T32-822 | 10.5x20x2 Washer x 3 |
| T32-442 | Soft Drop Shock Holder x 1 | T32-823 | M10x33 Allen Bolt x 1 |
| T32-413 | Soft Drop Shock x 1 | T32-824 | M8x65 Allen Bolt x 1 |
| T32-355 | Soft Drop Locker x 1 | T32-338 | M8 Nylon Nut x 3 |
| T32-334 | Soft Drop Locker Spring x 1 | T32-826 | 8.5x16.5x1.5 Washer x 6 |
| T32-354 | 22.5x28.2x22 Nylon Brushing x 1 | T32-850 | M8x20 Allen Screw x 4 |
| T32-417 | DC Motor x 1 | T32-851 | M10x115 Bolt x 1 |
| T32-435 | 220J-6 Driving Belt x 1 | T32-853 | M8x48 Bolt x 1 |
| T32-464 | Motor Holder x 1 | T32-854 | M8x85x20 Motor Holder Fix Bolt x 1 |
| T32-433 | Motor Cover - Lower x 1 | T32-855 | 9x35x8 Curve Washer x 2 |
| T32-431 | Side Decorate Cover - Left x 1 | T32-856 | 8x26x11 PU Cushion x 1 |
| T32-425 | Side Decorate Cover - Right x 1 | T32-834 | M8x14 Screw x 2 |
| T32-430 | Elevation Motor Cover x 1 | T32-844 | Plastic Insert x 4 |
| T32-465 | 25.6x29.5x41.6xR17 Cover - Upper x 2 | | |

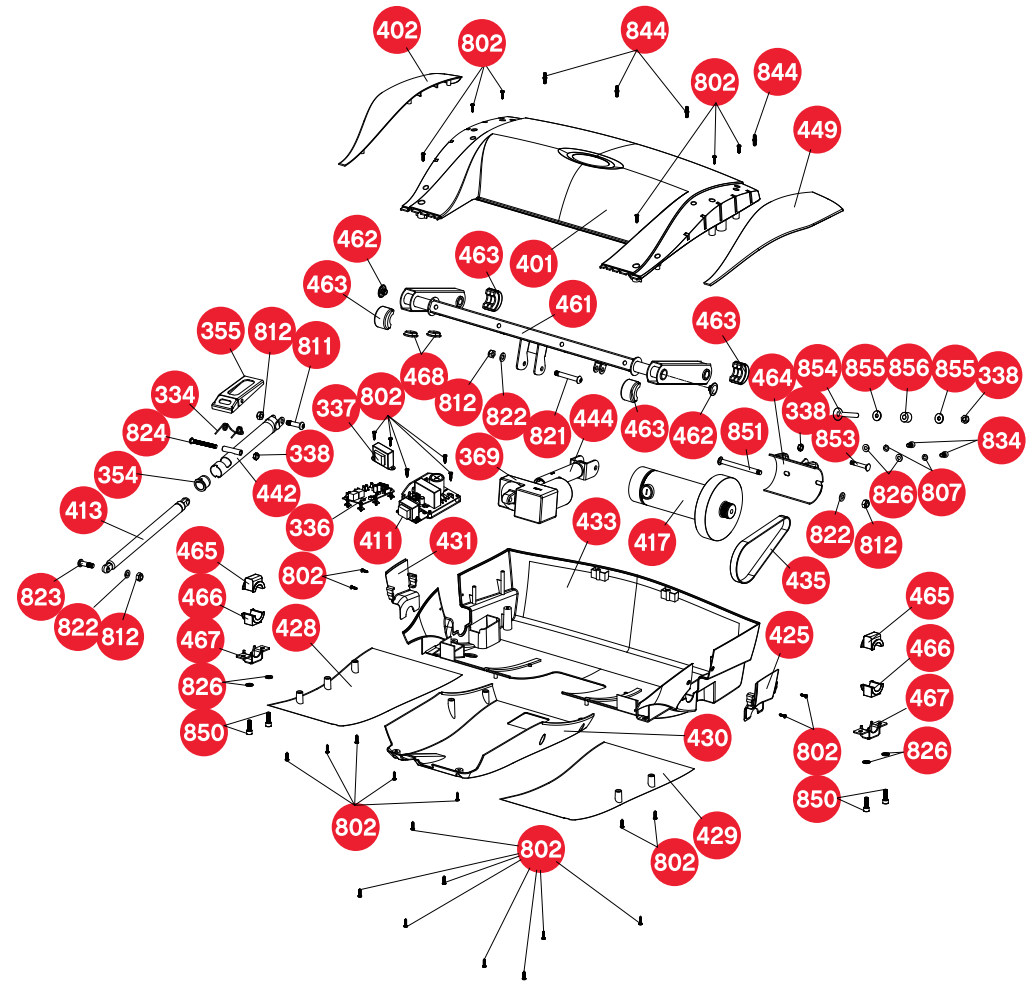


Diagram 2

- | | | | |
|---------|-------------------------------|---------|---------------------|
| T32-101 | Computer x 1 | T32-109 | Safety Key Base x 1 |
| T32-139 | Console Housing Upper x 1 | T32-130 | Safety Key X 1 |
| T32-137 | Water bottle holder-left x 1 | T32-801 | M3x14 x 14 |
| T32-104 | Water bottle holder-right x 1 | T32-802 | M4x15 x 65 |
| T32-134 | Console Housing Lower x 1 | T32-841 | M4x16 x 6 |
| T32-106 | Safety Key Base Holder x 1 | T32-820 | M4.2x11 x 4 |

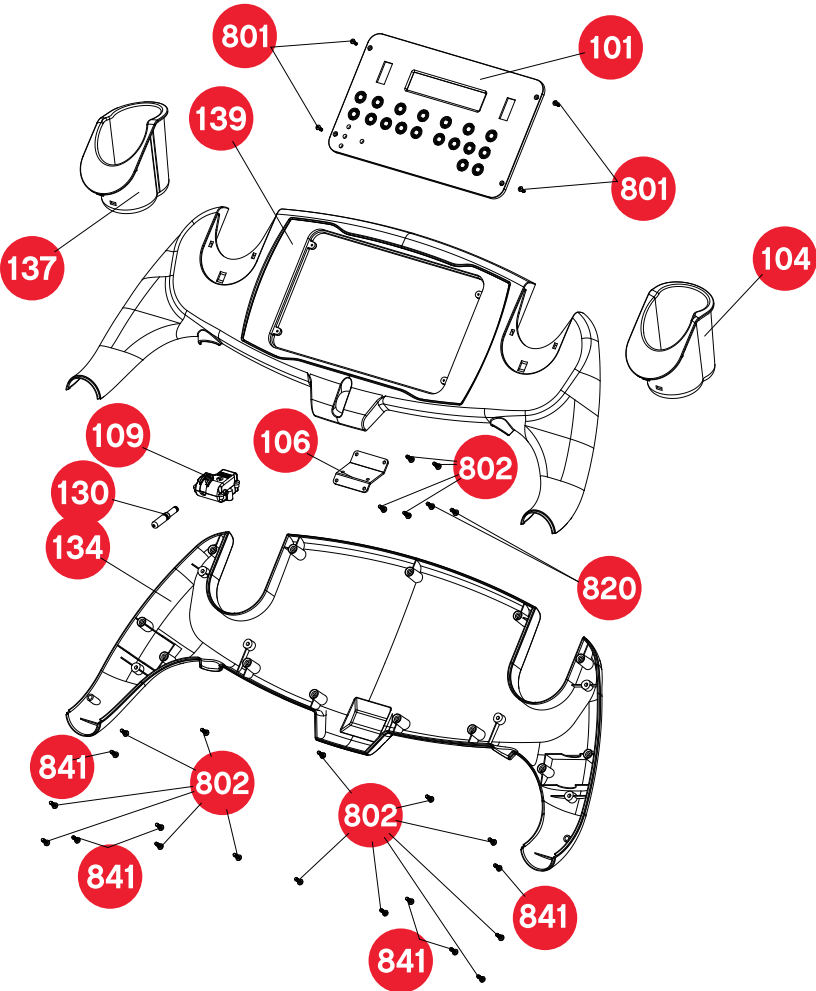


Diagram 3

- | | | | |
|---------|-------------------------------------|---------|---------------------------|
| T32-278 | Console Support Frame x 1 | T32-246 | Upright Fix Bolt Cap x 2 |
| T32-254 | Upright - Left x 1 | T32-801 | M3x14 Screw x 14 |
| T32-253 | Upright - Right x 1 | T32-802 | M4x15 Screw x 65 |
| T32-275 | Handlebar Cover - Left x 2 | T32-846 | M6x15 Screw x 2 |
| T32-276 | Handlebar Cover - Right x 2 | T32-847 | M6 Nut x 2 |
| T32-274 | Hand Pulse Sensor Cover - Upper x 1 | T32-806 | M8x45 Bolt x 4 |
| T32-207 | Hand Pulse Sensor Cover - Lower x 1 | T32-807 | 8x14x2 Spring Washer x 6 |
| T32-208 | Handlebar x 2 | T32-814 | 8x20.5x2 Curve Washer x 4 |
| T32-266 | OD36-37x3x3D5MM Foam Grip x 2 | T32-809 | M8x30 Allen Bolt x 2 |
| T32-210 | OD38.1 Handlebar End Cap x 2 | T32-810 | M8x18 Allen Bolt x 2 |

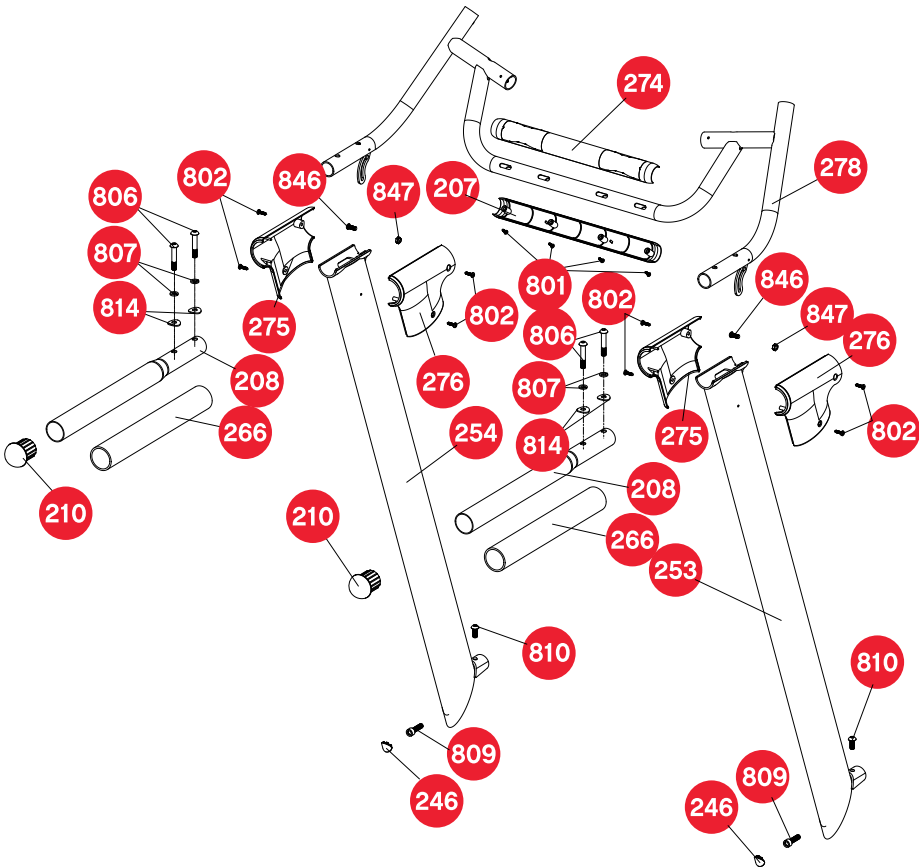
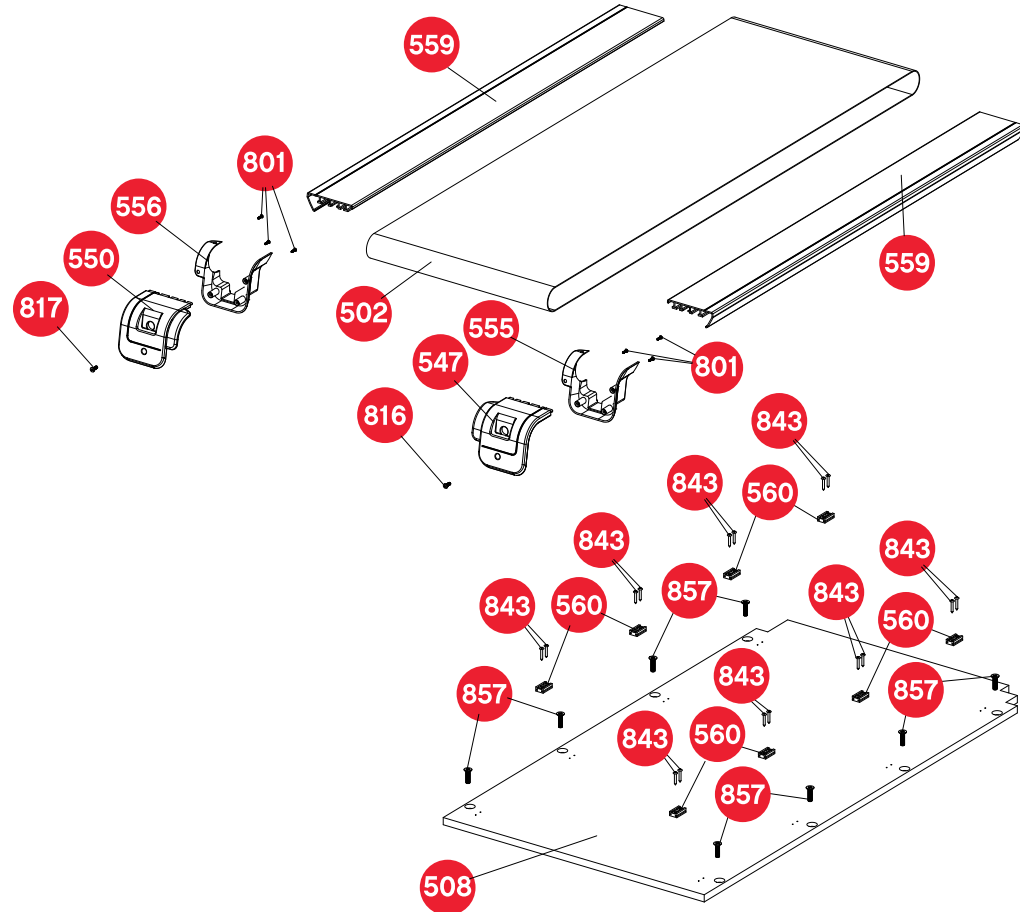


Diagram 4

T32-559	L-1100MM Side Rail x 2	T32-621	Main Frame x 1
T32-502	445x2668x16 Running Belt x 1	T32-620	Front Roller Shaft x 1
T32-556	Left Rear End Cap - Inside x 1	T32-617	Front Roller x 1
T32-555	Right Rear End Cap - Inside x 1	T32-615	Rear Roller Shaft x 1
T32-550	Left Rear End Cap - Outer x 1	T32-614	Rear Roller x 1
T32-547	Right Rear End Cap - Outer x 1	T32-622	OD30x25 Frame Crash Cushion x 1
T32-560	9.2x17x32 Side Rail Guider x 8	T32-607	Rear Transport Wheel Cover - Left x 1
T32-508	1170x642x16 (TR310) Running Deck x 1	T32-612	Rear Transport wheel cover-right x 2



T32-623	OD30xID9xT20 Cushion x 1	T32-859	M6x55 Allen Screw x 2
T32-624	ID15xOD75x34 Transport Wheel x 1	T32-860	6.5x12.6x1.25 Screw x 3
T32-625	50x30 End Cover x 1	T32-544	M6x10 Screw x 2
T32-626	Main Frame Cross Bar x 1	T32-861	6.4x18x1.5 Washer x 2
T32-613	ABS Frame Lower Cover x 1	T32-862	M10x32 Cap Head Bolt x 1
T32-843	M4x19 Screw x 16	T32-839	M4x12 Screw x 15
T32-857	M8x30 Screw x 10		
T32-858	M6x65 Allen Screw x 1		

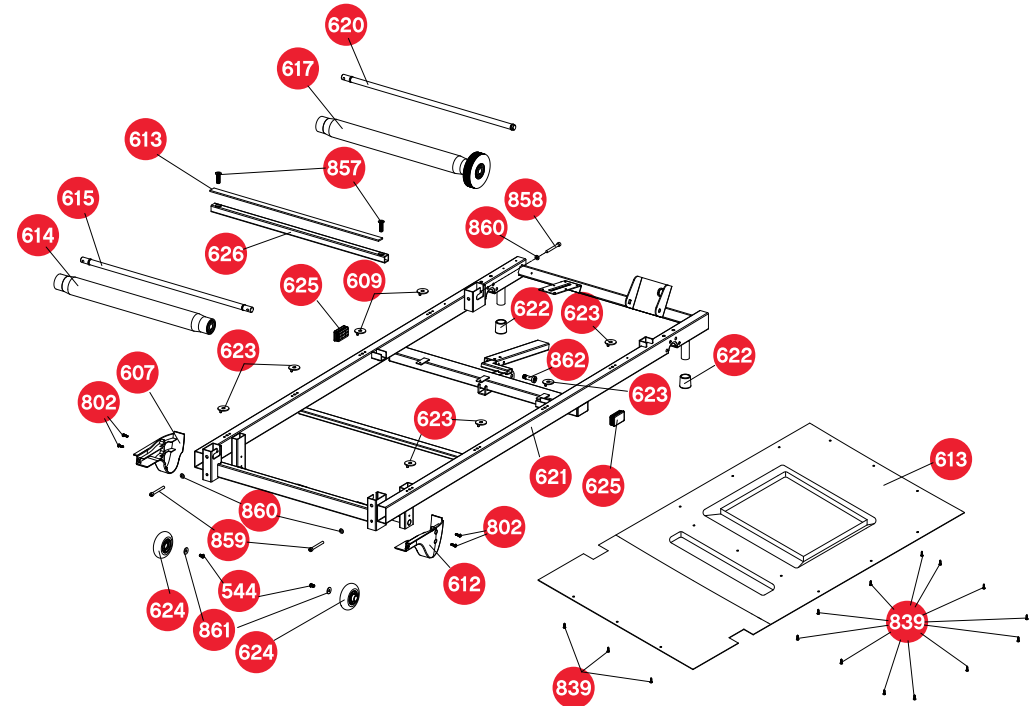
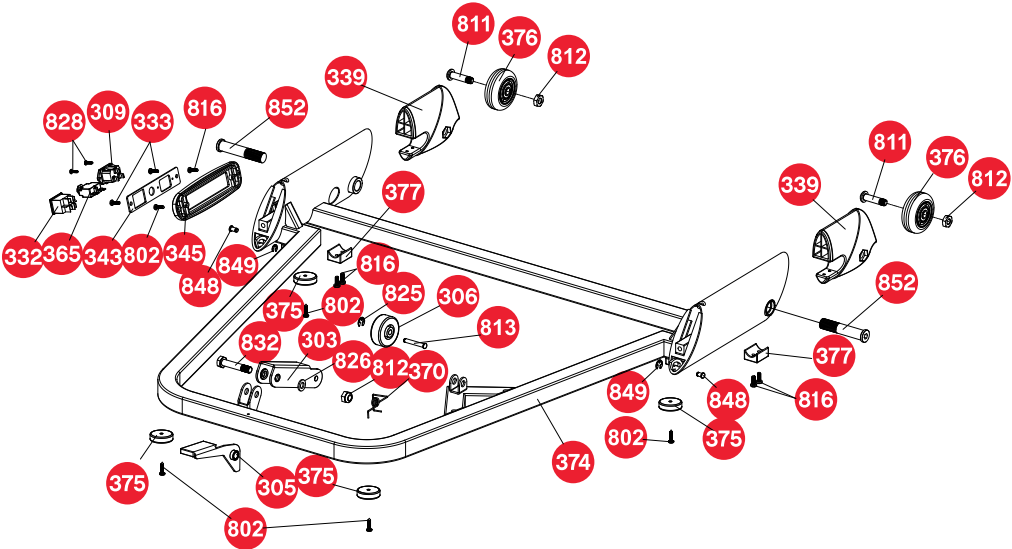


Diagram 3

T32-374	Base Frame x 1	T32-377	25x28x30 Elliptical Tube Cushion x 2
T32-305	Base Frame Transport Wheel Locker x 1	T32-802	M4x15 Screw x 65
T32-303	Base Frame Transport Wheel Holder x 1	T32-811	M10x40 Allen Bolt x 3
T32-306	Base Frame Transport Wheel x 1	T32-812	M10 Nylon Nut x 7
T32-370	2.0xØ14x4 Spring x 1	T32-813	Ø8x36 Transport Axle x 2
T32-375	OD28x12 Round Cushion x 4	T32-825	M8-C Clipper x 1
T32-345	Power Plate Holder x 1	T32-848	Ø6x11.5 Fixed Bolt x 2
T32-343	Power Plate x 1	T32-849	M6-C Clipper x 2
T32-333	Power Cord Plug x 1	T32-816	M5x14 Screw x 6
T32-365	Electronic Protector x 1	T32-832	M10x53 x 1
T32-332	Power Switch x 1	T32-828	M3x8 x 2
T32-339	Frame Front Transport Wheel Holder x 2	T32-827	M4.2x11 Screw x 4
T32-376	ID19xOD66x24 Transport Wheel x 2	T32-852	M16x80 Bolt x 2

N.B. All given quantities are for the complete, assembled product.



Limited Warranty

T3.2 Treadmill

Customer Support 0800 440 2459

36

RFE International Ltd warrants products to be free from defective workmanship and materials, under normal use and service conditions, for the period of 2 years from the date of purchase. Details of these service conditions can be found within the product's user manual.

In order to validate warranty dates, a proof of purchase is required. This warranty only extends to the original purchaser and will only be covered in the country the machine was purchased.

RFE's obligation under this warranty is limited to replacing or repairing, at RFE's discretion, the product through one of its authorised service centres. All repairs for which warranty claims are made must be pre-authorized by RFE.

This warranty does not extend to any defect caused by abuse, misuse, additions, modifications or repairs not provided by an RFE authorised service centre.

Products used for commercial or rental purposes and/or used as store display models are not covered by this warranty. This product is designed for home use.

No other warranty beyond that specifically set forth above is authorised by RFE.

RFE is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, costs of removal, installation or other consequential damages of whatsoever nature.

We advise that your product is kept in a room with a constant environment; preventing your product from being exposed to extremes in temperature, heat, humidity and moisture. Guidance on the correct storage of equipment is contained within the product's user manual.

PLEASE RETAIN YOUR RECEIPT AS PROOF OF PURCHASE.

Your statutory rights remain unaffected.

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